



# MIAMI TAKEDOWN CLUB

## About Us:

The Miami Takedown Club is a non-profit organization that is committed to providing all youth in Miami and the surrounding communities the opportunity to wrestle in a safe and enjoyable environment. As part of this commitment, we will emphasize the fundamentals of wrestling. We will teach sportsmanship, teamwork and begin to implement the knowledge each young wrestler will need to possess to be successful at the high school level.

## What to Expect:

When you join the Miami Takedown Club, your child will also become a member of USA Wrestling and OKWA. Your child will need these memberships to wrestle at tournaments throughout the season. We participate in USA as well as OKWA sanctioned events.

The Miami Takedown Club will begin practices on **Tuesday and Thursday evenings around 6pm**. Exact times and practice schedule will be released in September prior to the beginning of the season. They will typically last until around 7:30pm. Practices will be at the NEO Wrestling Room located on the NEO campus (north of soccer field, east of dorms).

**Our first practice will be October 1st, 2019 around 6pm. Check our FB page and website for more details closer to the beginning of the season!**

Our first tournament is usually the last weekend in October/first weekend in November. The season is typically over around mid February.

Attendance at tournaments is not mandatory. You can choose which tournaments your child will attend. Most tournaments are on Saturdays with the exception of a few tournaments on Sundays. Examples of previous tournament locations include Frontenac, Seneca, Claremore, Catoosa, Muskogee, Coweta and Tulsa.

Most tournament entry fees are \$15 and are due the Thursday prior to the weekend tournament. Payment will be made to Miami Takedown Club and our board secretary will get all wrestlers enrolled in the tournament.

Weigh-ins are on Friday evenings prior to the weekend tournament. Miami/NEO was named an official weigh-in site last season and we expect the same this season. Your child **MUST** weigh-in at an official weigh-in location on Friday night to be eligible to participate in the Sat/Sun tournament. In special instances (i.e. Tulsa Nationals, OKWA State, USA State) there is a mandatory ON SITE weigh-in, in which case you would need to travel to that location the night prior to the tournament.

The club will provide all our wrestlers (who sign up on time) with a matching singlet, t-shirt, hoodie and sweatpants. If your child signs up late, they are not guaranteed a warm-up. Regardless of sign-up date we should still be able to provide them with a singlet. Please check out [www.oklahomawrestling.com](http://www.oklahomawrestling.com) for a complete list of rules regarding uniform and headgear.

### Weight Divisions

Division I (Six and Under) 37, 40, 43, 46, 49, 52, 55, 60, 66, Heavy Wt.

Division II (Eight and Under) 43, 46, 49, 52, 55, 58, 61, 64, 67, 70, 75, 83, 90, 105, Heavy Wt.

Division III (Ten and Under) 52, 55, 58, 61, 64, 67, 70, 73, 76, 80, 85, 90, 100, 110, 120, 131, Heavy Wt.

Division IV (Twelve and Under) 64, 67, 70, 73, 76, 80, 84, 88, 92, 96, 100, 105, 110, 120, 130, 140, 160, Heavy Wt.

Division V (Fifteen and Under) 76, 84, 92, 100, 106, 113, 120, 126, 134, 145, 155, 170, 190, 285

For more information please contact:

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